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Hunton Club Events

Halloween Night, Thursday 31st October 6.30-8.30pm

There may be ghosts, ghouls & witches creating havoc around Hunton. Look out for the monsters and zombies too! If you have a little devil out to make mischief why not pop into your club where we'll keep them busy before or after they see if there is anyone they can "Trick or Treat"!



Indian Supper Night, Saturday 2nd November – from 8pm

Hunton Village Club will be hosting another Indian Supper Night. Once again, tables will need to be booked & payment taken by Friday 25th October. The cost per person will be £12.00 or maybe even less! Look out for posters and the Club website.

Don't delay, numbers are limited. For more information or to book your table call Tricia on 01622 820804 or Lorraine on 01622 820518.

Photographic Competition

All entries will need to be submitted to the Club between 15th-31st October in readiness for voting by members, which will take place in November. They should be 6" x 4" in black and white or colour with your name and telephone number written on the reverse. So get your striking images taken and submit them soon!



Quiz Night – Date Change!

Next Quiz: 30th November – The quiz will start prompt at 8.15pm.

Please note the date has been changed– mark it in your diary!



Autumn Jacket Potatoes

We have had homemade soups for the Light Lunch, we have had home cooked ham for the Summer Ploughmans NOW it is time for the **Hot Jacket Potato Lunches**. Thursday lunches during Lent and June were fantastic, we would love to see you in the Club this Autumn for a Hot Jacket Potato lunch, starting on Thursday October 10th and then the 17th 24th and 31st, 12.30pm to 2pm. There will be a choice of a couple of fillings followed by tea or coffee and homemade cake.

Hunton Music Show – Village Hall

Friday 11th October at 8pm - Jo Harman and Company. A burgeoning blues talent and another special Applause event secured for Hunton. This one will rock. **Ticket orders now being taken.** Price £12 and under 21 £6. Contact 820683, 820678 and info@huntonvillagehall.co.uk

Welcome to Hunton

'There is a Welcome Pack for new residents of Hunton available to download on the village website www.hunton.org.uk. The pack aims to take the strain out of the first few months while settling in and lists doctors' surgeries, local shops, details of our clubs and activities and much more.'

Your Local Contacts:

Parish Council Chairman: Roger Sawtell 820731
School: Secretary/Head Teacher 820360
Under 5's Pre-School: 820309
Pre-School Supervisor: 07972067110
Pond and Tree Warden: Anne Bishop 820683
Rector: Peter Callway 747570**
Non Stipendiary Minister Revd David Jones 741474*
Village Club: Doug Redfarn 820495

Clerk to Parish Council: Sharon Goodwin 681238
Village Hall Booking: Kathy Reid 820092
Maidstone Police: 608186
Neighbourhood Watch: huntonwatch@gmail.com 820403, 820429, 820731
'Potholes' concern (KCC): Kim Hills 0845 824 7800
Churchwarden: Alison Ellman-Brown 820288
PCSO Richard Chainey 07989 992424
Hunton Bell Ringers, Michael Webb 745716

*not available on Fridays **not available on Mondays

Diary Dates

Friday 4th October **Flower Festival** Hunton Church
Saturday 5th October **Flower Festival** Hunton Church
Saturday 5th October **Pop Up Shop** Outside the Church 9.30am – 12.00pm
Sunday 6th October **Flower Festival** Hunton Church
Sunday 6th October **Harvest Supper** Village Hall 6pm for 6.30pm
Thursday 10th October **Hot Jacket Potato Lunches** Hunton Village Club 12.30-2pm
Friday 11th October Applause **Jo Harman and Company** Hunton Village Hall 8pm
Thursday 17th October **Hot Jacket Potato Lunches** Hunton Village Club 12.30-2pm
Thursday 24th October **Hot Jacket Potato Lunches** Hunton Village Club 12.30-2pm
Saturday 26th October **Litter Pick Village Hall 10am**
Thursday 31st October **Hot Jacket Potato Lunches** Hunton Village Club 12.30-2pm
Thursday 31st October **Halloween Night** Hunton Village Club 6.30-8.30pm
Saturday 2nd November **Indian Supper Night** Hunton Village Club from 8pm
Saturday 30th November **Quiz Night** Hunton Village Club from 8pm

Parish Councillors Contact Details

Parish Council Chairman – Roger Sawtell 820731
Clerk to the Parish Council – Sharon Goodwin 681238
Cllr Les Leonard 820858 Cllr Ron Porter 820220
Cllr David Heaton 820678 Cllr Tony Stanbridge 820761
Cllr Gary Thomas 820691 Cllr Steve Wyles 820403

Check out www.hunton.org.uk for changes and see the latest up-dated version.

*If you would like to add an event to the village diary email huntondiary@btinternet.com
New events are being added all the time.*

All items for the November edition to the Editors as soon as possible, and by 15th October, please

Is there no hope?

"Money makes the world go round" – so goes the song. Actually the earth spins and goes around the sun due to the forces on it when it was formed, and it keeps going because there is nothing to stop it! However, the foundational premise in our world that keeps most of us occupied is trade. We live under a system known as neo-liberal capitalism (which simply means 'a new version of free trade') and this is the basis for the majority of the world's activities. Even in countries where it isn't the current driving force that is what they aspire to. We are still reeling from the fallout of the Arab Spring and austerity is still in the air, in spite of signs of the UK turning a corner as we hopefully head towards a recovery. Democracy is of course a better alternative than dictatorship and money in itself is not bad, in fact wealth creation can be a good thing. There is a major flaw however in the system that drives trade. The problem is that the gap between rich and poor widens as a basic consequence of the system - the rich are getting richer and the poor are getting poorer. Also, the way to finance the progression to democracy is by borrowing on the international markets. And to borrow you have to be committed to and working towards a democratic neo-liberal capitalist system. It is a spiral which forces countries into debt. Debt that they are then unable to repay or even to service the interest on that debt. And the more they are unable to pay, the higher their interest rate becomes, and so the debt gets even bigger and more unserviceable. In short the world is living a lie – the money we spend doesn't exist, it is all based on a promise to repay at some undetermined time in the future. Almost the whole world is in recession - how can that be? It is all because of a lack of "confidence" in the ability of the whole world to recover from the crisis, and the only tool available it seems is belt tightening, further cuts and more hardship.

In the time it has taken you to read this far in this article eight children will have died of malnutrition, and by the end of the day 16,000 will have died for the same reason. Yet in the developed world one third of the food we buy is thrown away – that is 100 kilograms of food per person per year. Something is not right. Is there no hope?

Nobody has come up with a better system than neoliberal capitalism yet, but I can't help wondering if there is one. One ancient civilisation had some principles and laws that might point us in a different direction. The law said that when you harvested your grain you should not reap to the very edges of the fields or gather up any stalks of grain left behind by the harvesters. Instead the poor were allowed to collect them. Furthermore when you beat the olives from your trees you were not to go over the trees a second time. Instead you were to leave any leftover olives for the poor. When you harvested your grapes you were not to go back over the vines but leave any grapes still there for the poor. Furthermore the law said you could eat grapes from your neighbour's vineyard provided you did not collect any and put them in a basket. You were also allowed to pick ears of grain from a field provided you only used your hands and not a tool to pick them. These laws were designed to create a fairer society – one in which the rich helped the poor and nobody went hungry or suffered at the hands of the rich oppressors. These laws can be found in the Bible – they are God's laws and are based on hope, love for neighbour and a sense of community. Not everybody stuck to the law, and that society wasn't perfect, but I believe that living according to God's ways is our only way out of the current mess. The very heart of the message of the Christian Gospel is one of certain hope. May God bless you in all you do and say and think.

Peter Callway
Rector

Hunton Book Group A, Book Review

'The Siege' by Helen Dunmore

This book is the story of one family and their effort to survive the siege of Leningrad during WW11 when the city was surrounded by German troops. It is a snapshot of this historic part of Russian history, which continued for many months after the conclusion of the book. The main character is Anna, a young woman, who takes on the role of head of the family and full responsibility for the welfare, warmth and sustenance of her much younger brother Kolya and her father, Mikhail, who is a communist party outcast. Other notable characters are Anna's boyfriend and an actress friend from Mikhail's past. Dunmore chronicles many of the horrors faced by the starving such as boiling shoe leather and wallpaper paste to provide nutrition and the despair of burning treasured possessions for warmth. The group was polarised in its appreciation of this book. Several found it plodding and slow, particularly at the beginning. Others felt transported into the frozen landscape and captured by the depth of description in the novel. Several members of the group felt motivated to research the history of the Siege in more detail. We gave this book a score of 7/10.

Harvest Supper

Sunday, October 6th as well as being the last day of Hunton's Flower Festival will also be the first time in recent years (if ever?) an evening Harvest Service has been followed by a Harvest Supper. The Harvest Festival service will be at 5pm in St Mary's Church and the Harvest Supper will follow at 6pm for 6.30pm. Tickets for the supper are priced £5 adults, £3.50 children under 14 and £15 for a family of two adults and two children available from Liz Oliver on 01622 820200 and Alison Ellman-Brown on 01622 820288.

Flower Festival

Hunton's Heritage, St Mary's Church

Friday 4th - Sunday 6th October, 10am - 5pm

Pantomime Time

Auditions for Jack and the Beanstalk, Hunton Club, Tuesday 8th & Thursday 10th October

Children 6.30-7pm, Adult chorus 7-7.30pm, Spoken parts 7.30pm finish by 9pm

Info: Sharon Winter 07794457426

Time for a change – And a Chance to be Editor for the Herald !

Having found life particularly busy these last few years I would like to step down as editor and give someone else a chance. It is a great way to get to know people in the village and find out what is going on. You may be the one to take it to another level. I am sure there is someone out there who would like to grab the opportunity to take this on. It only takes a few evenings every month and you will be part of a large team of people who already get the Herald on the road, from setting out the layout, proof reading, printing, collating and delivering.

If anyone is interested or wants to find out more about what is involved, please contact Sue Heaton on 820678

Fire Safety advice for Rural Communities

Kent Fire and Rescue Service (KFRS) is working with rural communities to raise awareness of fire safety risks associated with country living. The service has been talking with parish councils and local groups about some of the challenges faced in rural areas while highlighting the free advice and services available to residents.

Safety in the home - Fire can occur at any time without warning and can spread very quickly, particularly in older, timber-framed buildings. Just three breaths of fire smoke can render an occupant unconscious, so it is vital that homes have working smoke alarms fitted on each floor to provide valuable early warning.

As the cooler evenings set in, chimney fires become a common occurrence in rural homes, generally caused by a build up of soot from open fires or wood-burners used for heating. Such fires can put both your life and your property at risk, so it is important to make sure chimneys are swept and checked regularly and that flues are correctly fitted and in working order.

Free advice and services - KFRS offers free safety advice and, where needed, its community safety team can provide free home safety visits. These take around 30 minutes and include advice on escape routes, night time safety routines and fire hazards in the home and, where required, the fitting of free smoke alarms.

Often those most in need of help are older residents or those with health issues, who perhaps live alone in more isolated communities. KFRS's vulnerable persons team provides specialist advice to help people stay independent in their own homes for longer and equipment for residents who are more at risk.

Help might include providing items such as fireproof bedding and fire retardant materials for immobile smokers, safety gadgets such as cooker switches for dementia sufferers who have become forgetful about turning the cooker off and smoke alarms designed for visually and hearing impaired people.

Eligibility for a home safety visit is assessed on an individual basis and takes into consideration age, health, mobility, lifestyle and other risks.

If you know someone who may need fire safety advice or specialist help please call KFRS (free from landlines) 0800 923 7000.

Bonfires - It is tempting to have a bonfire at this time of year to burn off garden waste, but they can easily burn out of control, cause pollution and become a nuisance to neighbours. Composting is a much safer, greener solution for getting rid of garden waste. However if you do have a bonfire the advice is to take extra care and never use petrol or other accelerants on it. Ensure any fires are built well away from any buildings, sheds or fences and never leave a fire unattended.

Road Safety - With the darker evenings setting in fire crews are also urging motorists to take extra care on the roads. With more leaves and debris on the roads, coupled with poorer visibility, the advice is to check your tyres, ensure your lights are working properly and to keep your windscreen clean. Also, always take into consideration the road conditions, check your speed and ensure you keep a safe distance from other road users.

For further free safety advice please visit www.kent.fire-uk.org.

Functional Fitness

This month we are going to look at one of the most effective and efficient types of training, Functional Fitness.

What is Functional Fitness?

Functional Fitness is a new way to see faster results and improve your health and fitness. Put simply, functional fitness works your body in the same way real life does, strengthening the muscle groups you really use instead of concentrating on how muscles look. 'It's about training your body to move correctly which normally involves multiple joint and large muscle recruitment with these muscles working as a team to perform a movement or tasks.

'It also means performing exercises on your feet as you and I were never built to sit on a machine and allow it to support the movement for us - that's called compensating and while it has a place in injury rehab, it should otherwise be avoided.'

What Exercises Does it Involve?

Exercises in workouts focused on functional fitness mimic day-to-day exercise like lifting and carrying, working to strengthen the muscles you use day to day whilst preventing injuries and helping your practical fitness levels.

A great example of this is the squat, think about how many times you sit down and stand up in a day. Poor movement of this coupled with missing range of motion can cause back, hip, knee and ankle pain. Correct this movement and these pains go away. Remember the body adapts to poor movement if it needs to, but the outcome of that is pain.'

More next month. Please feel free to contact Guy Baker, Personal Trainer, gbpt@live.co.uk, 07946 258730, to answer any questions or for a free consultation.

At St Mary's Church in October

Notices

Flowers – OCTOBER

6th **ALL FOR HARVEST FLOWER FESTIVAL**
 13th All Sue Pinks
 20th Sue Pinks
 27th Nicky Williams

Services

Sunday 6th October – 19th Sunday after Trinity

5.00pm Harvest Service- Rev. Peter Callway

Readings: Preacher's choice

Sunday 13th October – 20th Sunday after Trinity

09.30am Holy Communion– Rev. David Jones

Readings: 2 Kings 5.1-3,7-15c and Luke 17.11-19

Sunday 20th October – 21st Sunday after Trinity

11.00am Morning Prayer– Rev. David Jones

Readings: Genesis 32.22-31 and Luke 18.1-8

Sunday 27th October– Last Sunday after Trinity

11.00am Holy Communion– Rev. Peter Callway

Readings: Jeremiah 14.7-10,19-22 and Luke 18.9-14

Sunday 3rd November

11.00am Family Service

GamBLE GamBLE Newsletter is out and if you have not received a copy, look in the Post Office or contact us: Karen and Tony Di Marco 01622 814267 or E: gambleproject@aol.com.

The next GamBLE fund raising event is an **Art Exhibition** in St Peter & Paul Church, Yalding. The Preview, by invitation, is on Friday evening, 8th November with the

art works being shown during Saturday and Sunday, 9th and 10th November. This will be a splendid exhibition of local artists, who are generously giving a percentage of all sales to GamBLE.

Tony and Karen are flying out to Farato again on 12th November. During this time Tony will be busy with maintenance jobs on the school buildings and Karen will focus on daily workshops for the teachers to improve their Maths and English skills and will organise a one day workshop for Nursery teachers both from Yalding School and the surrounding village schools. We would like to take out as many materials as we can carry and already we have received generous donations from so many people. The most urgent items that we need are: red biro's, exercise books, maths sets and PVA glue. If you can help, please let us know.

Farleigh's Farmers Market The October Farmers' Market will be held on Sunday 6th October in The Old School Hall, Lower Road from 9am-12pm. This month we hope to have a full complement of stalls, with Sutton Park sausages & pork, Something Sweet cakes, Gloria and Mabel crafts, Kenward Trust plants and Spice of Life Indian pickles returning after illness, holidays and staffing issues! This month we are planning to make a donation to The Peggy Wood Foundation, which makes a real difference to local people suffering from cancer and leukaemia. We look forward to welcoming you to the market

Balcombe Bridge

I put my papers down, watch the city bankers frown
 I'm burdened in my grey, pin striped, heavy laden on this
 September day

The sun runs through the pane of this early evening train
 emptying on the west, as men empty beer cans and toast
 their southbound rest.

Tall stories on the rails in the sleepers and the nails
 our journeys turn to rust and our precious trophies lie
 scattered in the dust.

Standing in a line on the seventeen fifty-nine
 and find an empty space, catch a patient moment to think
 about His grace.

But I'm running out of lines, and I'm running out of track
 and I'm looking for some signs to point the long way back
 there's a ruined wooden hand, and a small allotment fire
 there are houses built on sand, and starlings on the wire.
 There's a silence in the heavens, and a dove above the ridge
 And a silver gown of light unfolds, near Balcombebridge.

*Robert Eggleston's poems are available from
snowdropmusic.net*

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Maidstone Symphony Orchestra

Conductor, Brian Wright, will perform on **Saturday 12th October 2013 7.30pm**, Mote Hall, Mote Park, Maidstone
 The programme consists of three works: Britten: Four Sea Interludes/Peter Grimes, Elgar: Cello Concerto and Rachmaninov: Symphony No.3.

We've a superb opening programme, with acclaimed BBC Young Musician, cellist Laura van der Heijden, playing Elgar's iconic Concerto. We also join in this year's Britten centenary celebrations with his exciting, Peter Grimes Sea Interludes and end with the passionate late-Romantic fervour of Rachmaninov's last Symphony.

Bookings by cheque for season tickets are available from the Membership Secretary Alan Veal on 01622 735830 for five tickets are £40, £80 and £100. Season tickets for all children up to and including 18 years of age are FREE.

Single concert tickets are £10, £20 and £25, full time students with a student card £5, from the membership secretary, Alan Veal, on 01622 735830 with either cash or cheque payment only. These can be collected on the concert evening at Mote Hall. Bookings can also be taken on www.mso.org.uk using the booking form.

Tickets for all children up to and including 18 years of age are FREE. MOS Registered Charity No. 287986.

October	6th	13th	20th	27th
Coxheath	Harvest Service 11.00 HC	11.00 MP	11.00 HC	11.00 FS
E. Farleigh	Harvest Service 10.00 MP	08.00 HC 11.00 FS	09.30 HC	08.00 HC
Linton	Harvest Service 09.30 HC	9.30 FS	08.00 HC	09.30 HC
W. Farleigh	08.00 HC	11.00 MP	09.30 HC	09.30 HC

HC: Holy Communion, MP: Morning Prayer, (bcp) Book of Common Prayer, FS: Family Service, SW: Service of Word